



EASP Newsletter

November, 2020



Nita M. Lowey 21st Century Community Learning Center

Hello EASP Families !

What happened to fall? It sure feels like Winter when we are out on the playgrounds!

October is always a fun month at the EASP. We ended the month with our "LIGHTS ON for AFTERSCHOOL" event where we recognized the national promotion of high quality after school programming. EASP students decorated cookies, played math games and decorated a symbolic light bulb.

Now, we are gearing up for one of our most favorite and important activities of the year. During the months of November and December, EASP students will share encouraging notes and artwork with Veterans at the Tomah VA Hospital, Mauston's assisted living/care facilities, and deployed soldiers.

As always, THANK YOU for your SUPPORT of the EASP. The Eagle After School Program is supported through the Nita M Lowey 21st Century Community Learning Center Grant.

See you through your windshield! Mrs. Buss

TEXT for Curbside Pick-up

Grayside Ele
608-350-8215

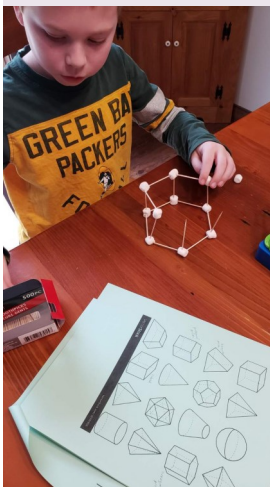
West Side Ele
608-350-9058

Lyndon Station Ele
608-350-8064

Carrie Buss
EASP Coordinator
608-350-9058 or
847-5616 ext 2206

EASP CLOSED

November 20
November 25-27



EASP REMOTE!
3-D Building



Studying /Estimating
Candy Jars



Studying airplane design



Building Scarecrows

EASP

by the Numbers

The Eagle After School Program just entered the 3rd year of the 5 year long Federal grant that funds the program. The EASP is funded by a Nita M Lowey 21st Century Community Learning Center Grant.

	2020/21	2019/20	2018/19
Number of students served from:			
West Side	43 *	54	43
Montessori	5	4	3
Grayside	44 *	53	47
Lyndon Station	21 *	2	4
St. Patrick's	0	1	3
 Total Children Served:	 113 ** as of 10/28/20	 114	 100

* The EASP applied for a waiver from Wisconsin's Department of Instruction in order to host after school programming at each of the School District of Mauston's elementary schools. A waiver was granted for the academic year of 2020-21 only.

** Total Children Served is expected to increase throughout the academic year.

Parenting Place Workshops

Juneau County will be hosting free virtual workshops for parents!

THURSDAYS 5:00 PM-6:30 PM

To join, go to this web address and enter the password

<https://us02web.zoom.us/j/9090046120?pwd=TV3TDliU3hOUWpLd0U4MTBIODY0dz09>

Passcode: **KidFocus**

November 5 - Managing Fighting and Aggression

Does your home feel like a battle ground some days? Do you wish you could have more tips and tricks to manage the fighting at home? Join us in learning ways to have successful positive family interactions. We will watch a short video regarding a situation which could happen in your home and then discuss as a group how it was handled. You will leave with a plan of how to manage fighting and aggression within your home.

November 19 - Dealing with Disobedience

“No!” “Nope!” “I don’t think so!” Are these phrases you hear all too much? Do you have to raise your voice to get your children to follow direction? Join us in learning ways to deal with children who don’t follow directions. We will watch a short video regarding a situation of disobedience and discuss how it was handled, or could be handled. You as a parent/or support person will learn ways to interact and manage these times calmly.

December 3 - Developing Good Bedtime Routines

Is bedtime a dreaded time of the day? Do your children struggle with falling asleep, staying in their bed or refusing to go to sleep? Bedtime routines are important in setting children (and families) up for success throughout the next day. Join us to learn why routine is important, how to develop and implement a routine in your home and leave with a plan you designed for making bedtime easier.

December 17 - Tantrums

Picture this: You are at home and your child asks you for something and you say “no”. Your child kicks, screams, throws things, etc. What do you do? How do you handle it without escalating the situation? Join us in learning why kids have tantrums, what you can do in the moment, and how to plan for tantrums your child has at home.

For more information, contact Danielle Moore, Juneau County Behavioral Health @ (608) 847-9489